



Naugatuck Valley
Gastroenterology
Consultants, LLC

Robert I. Leventhal, MD
Thomas A. Rockoff, MD
Anthony N. Schore, MD
Jessica Pelletier, PA-C

166 Waterbury Rd
Suite 104
Prospect, CT 06712

203.756.6422 office
203.756.2448 facsimile

Eileen S. Paradis, MBA
Administrator

www.planetgi.com

Endoscopy Preparation

Prior to your procedure, confirm that you can safely stop taking blood thinners (Coumadin, Plavix, Xarelto, Pradaxa, Eliquis) before your procedure.

Be certain that you take all heart and high blood pressure medication on the morning of the procedure (with a sip of water).

If you have a history of asthma or breathing problems, please use any inhalers as prescribed as well.

For diabetic patients, please follow the diabetic instruction sheet and **contact your doctor that manages your diabetes for the instructions regarding adjustment of your diabetes medication.**

THE DAY OF YOUR PROCEDURE

DO NOT EAT OR DRINK ANYTHING ON THE MORNING OF THE EXAM

It is okay to take your morning medications (blood pressure and heart medications) with a sip of water.

If you are unsure about which medications are okay to take, please check with our office.

Because you received sedation, you cannot be discharged after the procedure unaccompanied - **an adult companion must be present to bring you home. If you do not have a companion, your procedure will be cancelled.**

ON THE DAY OF THE PROCEDURE: DO NOT EAT OR DRINK ANYTHING ON THE MORNING OF THE EXAM

It is okay to take your morning medications (blood pressure and heart medications) with a sip of water. If you are unsure about which medications are okay to take, please check with our office.

- | | |
|---|--|
| <input type="checkbox"/> Waterbury Surgery Center | 1312 West Main Street, Waterbury |
| <input type="checkbox"/> Waterbury Hospital | 64 Robbins St, Waterbury
(Proceed to GI Endoscopy Unit – 1 st Floor) |

NOTE: Because you received sedation, you can not be discharged after the procedure unaccompanied!! **An adult companion must be present to bring you home.**

PROCEDURE DATE: _____ ARRIVAL TIME: _____